

CAMP COVID-19 Exposure Protocols

If you experience symptoms of COVID-19 (fever of 100.4 or greater, cough, etc.), please stay home and follow isolation protocols and work remotely if possible (Contact Gyongyver and/or Sara to help with scheduling). If someone in your household or a close contact tests positive or has symptoms, please follow the same protocols, if possible. CAMP staff are considered essential workers and are permitted to work if asymptomatic, but we want to ensure we are keeping everyone as safe as possible. We have outlined some helpful guidelines below based on CDC and CDPHE recommendations. While these comply with hospital guidelines for COVID-19 that have been shared with us, please respect any additional guidelines at hospitals that are stricter than this.

<p>You have no symptoms, but had prolonged close contact with someone with a confirmed COVID-19 case while not wearing PPE:</p> <p>Modified Quarantine</p>	<p>Follow Modified Quarantine for 14 days post initial exposure</p> <ul style="list-style-type: none"> • Limit travel to home and work (work remotely if able) • Symptom monitor to include temperature monitor twice daily • Wear a mask at all times – except during breaks/meals or when no one else is present • Do not go to public places, do not take public transportation (if possible) and avoid all public gatherings • Maintain social distance of 6 feet or greater whenever possible, particularly when eating and mask is removed • Frequent hand hygiene <p>If you live with someone who has COVID-19 and continue to have contact, your quarantine period will start at the end of the other person's isolation period</p>
<p>You have no symptoms and came in contact with someone with a confirmed case of COVID-19, but were following all preventative measures:</p> <p>No Quarantine</p>	<p>No quarantine required</p> <ul style="list-style-type: none"> • Monitor symptoms for 14 days • Wear a mask at all times – except during breaks/meals or when no one else is present • Maintain social distance of 6 feet or greater whenever possible, particularly when eating and mask is removed • Frequent hand hygiene

<p>You have some symptoms, but received a negative test result and improbable COVID-19:</p> <p>Modified Isolation</p>	<p>Follow Modified Isolation for 10 days post initial exposure</p> <ul style="list-style-type: none"> • Limit travel to home and work (work remotely if able) • Symptom monitor to include temperature monitor twice daily • Wear a mask at all times – except during breaks/meals without others present • Do not go to public places, do not take public transportation (if possible) and avoid all public gatherings • Maintain social distance of 6 feet or greater whenever possible, particularly when eating and mask is removed • Frequent hand hygiene <p>Return to work when:</p> <ul style="list-style-type: none"> • You have had no fever for at least 24 hours (without medicine) • You have a negative test result • Continue to observe modified isolation (listed above) for at least 10 days
<p>You have some symptoms and received a positive test or negative test result and probable COVID-19:</p> <p>Isolation</p>	<p>Isolate for at least 10 days from symptom onset (or positive test result date) – 20 days if severe symptoms or immunocompromised</p> <ul style="list-style-type: none"> • Monitor symptoms • Stay in a separate room from other household members if possible • Use a separate bathroom if possible • Avoid contact with other members of the household and pets • Don't share personal household items like cups, towels, and utensils • Wear a cloth face covering when around other peoples if possible <p>You may return to work when:</p> <ul style="list-style-type: none"> • You have had no fever for at least 24 hours (without medicine) • Other symptoms (if any) have improved • At least 10 days have passed since your first symptoms appeared (up to 20 days if a severe to critical case or severely immunocompromised) • If you tested positive and have had no symptoms, you should be in isolation for 10 days starting with the date of your positive test